

CV

Dr Panicos Shangaris

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Name: Dr Panicos Shangaris

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Present Appointment: Clinical Senior Lecturer in Maternal and Fetal
Medicine, King's College London & King's College Hospital

Medical Indemnity: MDU & MDDUS (covers medicolegal work)

Qualifications: LRCP&SI, MBBCh, BAO (NUI), MSc (Dist), AFHEA, MRCOG, PhD

Memberships of Societies: Royal Society of Medicine, British Society of Maternal and Fetal Medicine, British Society of Haematology, American Society of Hematology, British Society of Immunology, American Society of Cell and Gene Therapy, Inspire Medilaw Membership, UK Registry of Expert Witnesses

My educational journey began with a Medical Degree from the Royal College of Surgeons in Ireland, followed by a Master's degree with distinction in Prenatal Genetics and Fetal Medicine from University College London (UCL). I earned my PhD from UCL, focusing on treating genetic blood disorders with stem cells and gene therapy for the fetus. I undertook comprehensive specialty and subspecialty training in Obstetrics and Gynaecology and Maternal and Fetal Medicine, eventually joining King's College London and King's College Hospital as a Clinical Senior Lecturer and Consultant. Multiple research grants have generously funded my work, and I've received accolades for my conference presentations. I have also served in various management and committee roles, further enriching my professional portfolio. As a Maternal and Fetal Medicine Consultant at King's College Hospital, my daily clinical practice is highly specialised, covering a range of complex fetal medicine cases, fetal urology, gestational diabetes, hypertension in pregnancy, multiple pregnancies, fetal cardiology, genetics, and perinatal pathology. This diverse blend of clinical, research, and leadership experience positions me as an expert in my field, capable of handling a wide array of challenges in maternal and fetal health.

My introduction to the medicolegal field was in 2022 when I organised a study day on 'Litigation in Obstetrics and informed consent' featuring Ms Nadine Montgomery at the Royal Society of Medicine. This was part of my role in the Maternity and Newborn Forum at the Royal Society. Since

March 2023, I've been involved in drafting medicolegal reports.

Inspire Medilaw Courses, Online 2023

I am currently undertaking formal medicolegal/expert witness training with Inspire Medilaw, and I am listed in the UK Register of Expert Witnesses.

Demystifying guidance on patient consent, Expert Witness Report writing

Meeting of Experts Course, Giving Evidence in Court Course, Conference with Counsel Course

June 2022: Royal Society of Medicine, Litigation in Obstetrics and Informed Consent Course (organized the course and attended)

Medical Employment:

1. March 2023 – Present: Senior Clinical Lecturer and Consultant in Maternal and Fetal Medicine at King's College London and King's College Hospital.

2. March 2019 – March 2023: NIHR Academic Clinical Lecturer in Maternal & Fetal Medicine at Kings College London. Subspecialty Training in Maternal and Fetal Medicine took place at Guy's and St Thomas' NHS Foundation Trust.

3. August 2007- March 2019: Obs&Gynae Training Programme at London Deanery.

4. August 2005 - August 2007: FY1/2 East Lancashire Hospitals NHS Trust.

Medical Employment: Private HCA Healthcare International

August 2018- April 2023 Resident Medical Officer (RMO), The Portland Hospital

Research Interests: Prenatal Cell and Gene Therapy for Sickle Cell Disease, Fetal Therapy, Immunology of Pregnancy

Summary of Selected Publications:

Jeyaseelan T, **Shangaris P**, Efthymiou A, Martin L, Story L, Nanda S, Gupta N, Al-Adnani M, Mamerides A, Nicolaides KH, Sankaran S. Suspected twin anemia polycythemia sequence in a dichorionic, diamniotic twin pregnancy: a case report. *J Med Case Rep.* 2023 Jan 29;17(1):28. doi: 10.1186/s13256-023-03766-8. PMID: 36709312; PMCID: PMC9884182.

Oteng-Ntim E, **Shangaris P**. Evidence-based management of pregnant women with sickle cell disease in high-income countries. *Hematology Am Soc Hematol Educ Program.* 2022 Dec 9;2022(1):408-413. doi: 10.1182/hematology.2022000378. PMID: 36485166; PMCID: PMC9820817.

Jeffery M, Tai-MacArthur S, **Shangaris P***, Duggan M, Spencer J, Sankaran S. Trends in Termination of Pregnancy for Foetal Urological Abnormalities in England and Wales: a Cross-Sectional Study. *Reprod Sci.* 2022 Sep 29. doi: 10.1007/s43032-022-01094-8. Epub ahead of print. PMID: 36175615.

Nzulu D, **Shangaris P***, Story L, Smith F, Piyasena C, Alamelu J, Elmakky A, Pelidis M, Mayhew R, Sankaran S. X-linked sideroblastic anaemia in a female fetus: a case report and a literature review. *BMC Med Genomics.* 2021 Dec 20;14(1):296. doi: 10.1186/s12920-021-01146-z. PMID: 34930268; PMCID: PMC8686580.

Sam S, Tai-MacArthur S, **Shangaris P***, Sankaran S. Trends of Selective Fetal Reduction and Selective Termination in Multiple Pregnancy, in England and Wales: a Cross-Sectional Study. *Reprod Sci.* 2022 Mar;29(3):1020-1027. doi: 10.1007/s43032-021-00819-5. Epub 2021 Dec 13. PMID: 34902100; PMCID: PMC8863756.

Shangaris P*, Ho A, Mamerides A, George S, AlAdnani M, Yau S, Jansson M, Hoyle J, Ahn JW, Ellard S, Irving M, Wellesley D, Pasupathy D, Holder-Espinasse M. A hemizygous mutation in the FOXP3 gene (IPEX syndrome) resulting in recurrent X-linked fetal hydrops: a case report. *BMC Med Genomics.* 2021 Feb 26;14(1):58. doi: 10.1186/s12920-021-00901-6. PMID: 33637067; PMCID: PMC7908803.