

STEVEN A. BERNSTEIN DPM, FACFAS

FOOT AND ANKLE SURGEON

1608 LEMOINE AVENUE, SUITE 205

FORT LEE, NEW JERSEY 07024

T: (201) 482-8236

C: (201) 707-1200

F: (800) 277-9009

DR.SBERNSTEIN@GMAIL.COM

NJ LICENSE: 25MD00307400 • **NY LICENSE:** 004537 • **FL LICENSE:** PO2012 • **NPI:** 1427221712

DATE OF BIRTH: November 8, 1963, Camden, NJ

EDUCATION: Emory University, Atlanta, GA
Bachelor of Science, Biology
05/1985

Temple University, Philadelphia, PA
Doctor of Podiatric Medicine
05/1989

RESIDENCY: Golden Glades Regional Medical Center
Podiatric Surgical Residency
Foot and Ankle Trauma Reconstructive Surgery
07/1989 - 07/1991

PRIVATE PRACTICE: Steven A. Bernstein, DPM, FACFAS, FASPS
Foot and Ankle Reconstructive Surgery
07/2009 – Present

Medical Leave due to Disability (Shoulder Injury)
03/2003 - 07/2009

Aventura Orthopedic and Sports Medicine Center
Foot and Ankle Trauma Reconstructive Surgery
Aventura, FL
06/1992 - 03/2003

Orthopedic Care Center of South Florida
Foot and Ankle Trauma and Reconstructive Surgery
North Miami Beach, FL
07/1991 – 06/1992

CERTIFICATIONS: Diplomate of American Board of Foot and Ankle Surgery, 04/1994 (recert 2014)
Fellow, American College of Foot and Ankle Surgeon (FACFAS), 02/1994
Fellow, American Society of Podiatric Surgeons (FASPS), 09/2014

New York Workers Compensation Surgeon (Present)

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APPOINTMENTS:

Chief of Podiatric Surgery
Hudson Regional Hospital (formerly Meadowlands Hospital Medical Center)
Secaucus, NJ
02/2014 - Present

Concentra Urgent Care (Teterboro)
Foot and Ankle Surgeon
NJ Workers Compensation Surgeon
(05/2018 – Present)

CitiMed (Bronx, NY offices)
Chief of Foot and Ankle Services
NY Workers Compensation and No Fault
New York, NY
(01/2017 - Present)

Arthrex Orthopedics
Consultant Foot and Ankle Services
(2019 – Present)

Zimmer-Biomet
Consultant Foot and Ankle Services
(2017 – 2020)

Royal Biologics
Consultant Foot and Ankle Services
(2019 – Present)

Vilex Orthopedics
Consultant Foot and Ankle Services
(2020 – Present)

Touro University College of Medicine – sponsored residency at MHMC, 07/2015
Attending Orthopedic Surgery Residency – taught at MHMC, 07/2015
Attending Internal Medicine Residency – taught at MHMC, 07/2015

Hoboken University Medical Center
Podiatric Residency Adjunct Surgical Faculty
(2019 – 2020)

North Jersey Reconstructive Foot and Ankle Fellowship
Dr. Michael Subik Director
Adjunct Surgical Faculty
(2018 – 2019)

Amniotechnology LLC.
PalinGen Consultant and Lecturer
Scottsdale, AZ (01/2014 - 01/2015)

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Nextremity Solutions: Hammertoe Arthrodesis Implant
Surgical Consultant and Lecturer (01/2011 - 01/2012)

Expert Medical Advisor (EMA)
Division of Workman Compensation
State of Florida (07/1996 - 03/2003)

Nova/Southeastern Medical School
Part- time Faculty (06/1995 - 06/1998)

Barry University School of Podiatric Medicine and Surgery
Clinical Faculty (06/1994 - 06/2002)

Smith Nephew Richards
Consultant and Lecturer Foot/Ankle Service
Ilizarov External Fixation and Exogen (01/1993 - 01/2000)

Electrobiology, Inc. (EBI)
Consultant and Lecturer Foot and Ankle Service (01/1993 - 03/2000)

American Medical Electronics Corp.
Foot and Ankle Service Consultant and Lecturer (04/1993 - 03/1994)

HOSPITAL / SURGERY CENTER AFFILIATIONS:

Hudson Regional Hospital (formerly Meadowlands Hospital Medical Center)
Secaucus, NJ
02/2013 - Present

Jersey City Medical Center - Barnabas Health
Orthopedic Institute
Jersey City, NJ
07/2015 - Present

Bayonne Medical Center
Bayonne, NJ
2020-Present

Advanced Surgery Center of Fort Lee
Fort Lee, NJ
04/2011 - Present

New Century Surgery Center
Paramus, NJ
01/2015 - Present

New Horizon Surgery Center
Paterson, NJ
2018-present

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Liberty Surgery Center
Jersey City, NJ
03/2016 - Present

Aventura Hospital and Medical Center
Aventura, FL
06/1991 - 03/2003

Hollywood Medical Center
Hollywood, FL
06/1991 - 03/2003

Memorial Hospital East and West- Same Day Surgery Center
Hollywood, FL
06/1991 - 03/2002

Parkway Regional Medical Center
North Miami Beach, FL
06/1991 - 03/2002

HOSPITAL COMMITTEES:

Chief of Podiatric Surgery Department
Hudson Regional Hospital (formerly Meadowlands Hospital Medical Center)
Secaucus, NJ (02/2014 - Present)

Medical Executive Committee
Hudson Regional Hospital (formerly Meadowlands Hospital Medical Center)
Secaucus, NJ (02/2014 - Present)

Credentials Committee
Hudson Regional Hospital (formerly Meadowlands Hospital Medical Center)
Secaucus, NJ (06/2015 - Present)

Perioperative Committee Member
Hudson Regional Hospital
(2019 – Present)

Surgical Review Committee
Meadowlands Hospital Medical Center
Secaucus NJ (06/2015 - 2019)

Director of Third Year Training/Fellowship
Northwest Regional Medical Center
Residency Program PSR-36 (06/2000 - 07/2002)

Credentials Committee
Columbia Aventura Hospital and Medical Center

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Aventura, FL (06/1996 - 08/1999)

Surgical Review Committee
Columbia Aventura Hospital and Medical Center
Aventura, FL 33180 (06/1995 - 03/2003)

Director of Podiatric Surgical Residency
Program - 24 months (PSR 24)
Aventura Hospital Medical Center
Aventura, FL (06/1994 - 03/2003)

Surgical Review Committee
Mount Sinai Medical Center
Miami Beach, FL (06/1993 - 07/1995)

Surgical Review Committee
Parkway Regional Medical Center
North Miami Beach, FL (06/1993 - 07/1995)

Radiology Review Committee
Parkway Regional Medical Center
North Miami Beach, FL (05/1993 - 07/1995)

Co-Director Department of Podiatric Surgery
Doctors Hospital of Hollywood
Hollywood, FL (07/1993 - 08/1994)

Director Department of Podiatric Medical Education
Golden Glades Regional Medical Center
North Miami Beach, FL (06/1991 - 07/1992)

MEDICAL SOCIETIES:	American Board of Foot and Ankle Surgery	1994 - Present
	American College of Foot and Ankle Surgeons	1994 - Present
	American Society of Podiatric Surgeons	2014 - Present
	American Podiatric Medical Association	1989 - Present
	New Jersey Podiatric Medical Association	2012 - Present
	Florida Podiatric Medical Association	1991 - 2003

AWARDS:	2016 Doctor of the Year Award - Jang Star Taekwondo School
	Ten Year Physicians Alumni Award Temple University School of Podiatric Medicine and Surgery For outstanding Alumni surgical achievement 06/1999
	Earl G. Kaplan Award for Academic and Clinical Excellence in Foot and Ankle Reconstructive Surgery, given by the American College of Foot Surgeons 06/1989

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RESEARCH, PUBLICATIONS AND LECTURES:

Goldfarb Foundation Faculty Lecturer- Clinical Conference (11/2017)

- “Ankle Arthroscopy Do’s and Dont’s”
- “The Use of Subchondralplasty in the Foot and Ankle”

Use of FloGraft in Ankle Cartilage Repair via Ankle Arthroscopy
Paths to Perfection E-zine www.podiatry.com (04/2014)

Journal of Foot and Ankle: Manuscript Reviewer (2000 - 2004)

Chapter on Augmentation of Bone Growth
3rd Edition Comprehensive Textbook of Foot and Ankle Surgery
Drs. McGlamry, Banks and Downey, Editors

Late Sequela of Calcaneal Fractures
Clinics of Podiatric Medicine and Surgery
1999 - Dr. Fox, Editor

Principles of Continuous Passive Motion- Basis for Clinical
Investigation in Foot and Ankle Surgery (2004)

Technique Tip: The Use of Large Bone Clamps to Reduce
Lisfranc's Fracture/ Dislocations
Journal of Foot and Ankle Surgery (1999)

Lisfranc's Fracture/ Dislocations
A Roundtable Discussion
Journal of Foot and Ankle Surgery (1999)

Genetic Engineering using the fundamentals of cloning
Escherichia coli DNA
Emory University, Atlanta, GA
Dr. Shuster

Investigation of the First Metatarsal head shape and contours
Robert Christman, DPM
Department of Radiology
Pennsylvania College and Podiatric Medicine

Case Report Severe Equino Valgus in Cerebral Palsy
Department of Orthopaedics and Surgery
Pennsylvania College of Podiatric Medicine

First Metatarsophalangeal Joint Dislocations
A New Classification
Golden Glades Regional Medical Center

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Squamous Cell Carcinoma
Unusual Case Presentation

Traumatic Osteonecrosis of the Tarsal Navicular,
Quadruple Fusion Technique

Calcaneal Fracture: When to Operate?

SPECIAL INTERESTS:

- Trauma and Reconstructive Foot and Ankle Surgery
- Independent Medical Examination and 2nd Opinions
- Revision and Salvage Surgery for failed Foot and Ankle Surgery
- Charcot and Residual Clubfoot deformities
- Limb Salvage and Preservation
- External and Internal Fixation Techniques
- Foot and Ankle "to make the best of a bad situation" Failed Surgery
- Ankle and Small Joint Arthroscopy
- Pain Management of Ankle, Heel and Foot, CRPS and RSD